Warm-Up

Human Health



Lesson Question



Assess how heredity can affect an individual's health. Examine how life choices can affect an individual's health. Examine how life choices can affect an individual's health.



Words to Know

Fill in this table as you work through the lesson. You may also use the glossary to help you.

probability	the that a given event will occur		
cancer	a disease characterized by cells that can spread to other parts of the body		
diabetes	a disease in which the does not produce enough insulin or the body does not use insulin effectively		

Warm-Up

Human Health



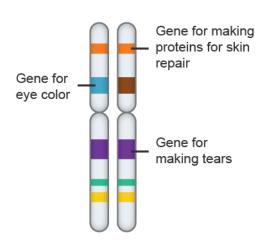
Words to Know

lichen	a fungus and an alga (or bacterium) growing together in a relationship
obesity	a condition in which an individual has a large amount of for his/her height
sickle-cell anemia	a disease in which the protein that carries blood cells is mutated in red



Heredity

- Genes are
- Genes code for
- Some genes, if ______, can cause an increased chance for certain _____.



Instruction

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Diabetes

- There are types of diabetes.
 - Type 1, or diabetes
 - Type 2, or diabetes
- Diabetes may be caused by a combination of factors.
 - Inherited
 - •
 - choices

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Sickle-cell Anemia

• Sickle-cell anemia is a

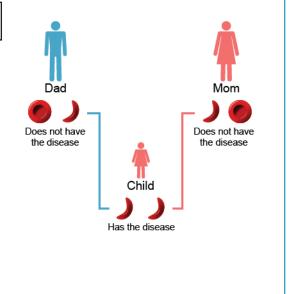
disease that affects red blood cells, causing them to form a sickle, or

, shape. The cells:

have reduced ability to

oxygen.

- blood vessels.
- cause



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Color Blindness
Color blindness is a,trait.
have a greater probability of getting the disease.

Water Quality

• Sources of pollution can be but they are often

- Dirt

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Air Quality
air quality can increase asthma and other
illnesses.
on a tree can indicate The appearance of can
poor air quality. indicate poor air quality.
Refrigeration
Refrigerators allow for long-term of food. Using a refrigerator:
reduces the need for high amounts of .

Trash Collection

Trash, if not properly of, can attract disease-carrying rats and insects.

and prevents food from spoiling.

Trash can be reduced by

· slows the growth of

Instruction

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Diet and Exercise
Poor food and lack of can lead to obesity.
Obesity can lead to:
•
• disease.

Tobacco Use	
The use of tobacco can cause	, a disease characterized by
abnormal cells that can spread	to other parts of the
luı	ng Tobacco smoker's lung

Summary

Human Health

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Lesson Question

What factors influence an individual's health?



Answer			

Slide

Review: Key Concepts

Heredity	Environment	Lifestyle
Inheriting certain may increase the probability of getting the disease.	Exposure to harsh and bacteria can increase the probability of sickness.	Living an unhealthy lifestyle by smoking or not eating properly can increase the probability of illness or disease.
DiabetesSickle-cell anemia•	AsthmaRespiratory infections	Obesity



Summary

Human Health

Use this space to write any questions or thoughts about this lesson.